# 

2Orwell House

Cowley Road

Cambridge CB4 OPP

Tel: 07772 538 628

Email [info@ccfb.org.uk](mailto:info@ccfb.org.uk)

www.cambridgecityfoodbank.org.uk

# Volunteer Application Form

Thank you for your offer to help with the Cambridge City foodbank.

Please complete this form and return it to us:

volunteer@ccfb.org.uk:

*(If you have any questions about your application or would like help*

*completing it please contact us on 07772 538628)*

Your Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**References** *(please note that neither referee should be a close family relative)*

*Referee 1*

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Email:

Tel No: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

In what capacity known to you:

*Referee 2*

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Email:

Tel No: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

In what capacity known to you.

Postcode: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Tel No: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Mobile No:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Email Address:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

18 or over: Y/N

**We are unable to take volunteers under 18 years old**

**Next of Kin:**

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Tel No: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Relationship: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Contact in case of emergency** (if different from above)

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Tel No: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Relationship: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**I am available for:**

3-4 hours a week day (s)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ am □ pm □ please indicate which days

3-4 hours a fortnight day(s) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ am pm please indicate which days

Other:

More than one half day session a week (management roles):

**Please note that most of our work takes place during the daytime**. We have some evening sessions. We have no regular weekend volunteering opportunities.

Our volunteers help in distribution centres, in our Fairbite shop, in our warehouse, in our office, with supermarket collections and with the van, either as a driver or as an assistant.

Do you have any health problems that would affect your volunteering? Yes No

Please provide details. Note: Lifting and carrying are a key part of the warehouse and driving roles. Most Distribution Centre roles also require volunteers to lift and carry crates.

Please tell us your previous work experience or qualifications or skills. Are you someone who is happy to take responsibility for running a project or small team or would you prefer not to do this?

If you have any criminal convictions (except those ‘spent’ under the Rehabilitation of

Offenders Act) please give details:

Please tell us why you are you interested in volunteering for the foodbank. Do you want to work in a team or are you happy to work in a less team-based situation?

Please give us any information you think may be useful to us. It helps if we have a good idea of your skills and whether you are looking for short-term or longer term volunteering.

Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

*Please return this form to* [volunteer@ccfb.org.uk](mailto:volunteer@ccfb.org.uk?subject=Application%20to%20Volunteer%20with%20Cambridge%20City%20Foodbank) *or return to the address overleaf. Once your form has been received we will contact you and arrange to meet you.*

*Cambridge City Foodbank is committed to protecting data privacy and will process your personal data in accordance with current data legislation. Your data will only be used for purposes relating directly to your volunteering activity.  It will only be seen by foodbank personnel responsible for your volunteering.  It will not be sold or passed to any other organisation.    
A full data privacy statement for volunteers is available from the foodbank on request.*