



Providing 3-days of nutritionally balanced emergency food to those in crisis

Items we are short of:

- Tinned Meat
- Tinned Vegetables/ Pulses
- Tinned Meals eg. Chicken in sauce, chilli con carne
- Tinned Beans / Tomatoes / Soup
- Tinned Fruit
- Tinned Custard
- Noodles/ Rice
- Long-life Fruit Juice
- Long-life Puddings
- Jam
- Cooking Oil
- Biscuits, Snacks & Confectionery
- UHT Milk
- Teabags (40's/80's/120's)
- Instant Coffee
- Toilet Roll
- Toiletries

PLEASE NOTE: We CANNOT distribute ALCOHOL, BOTTLED WATER or INFANT FORMULA.

ALL GOODS SHOULD BE UNDAMAGED, UNOPENED & HAVE LONG "BEST BEFORE" DATES AND NO MORE THAN 1KG IN WEIGHT PLEASE.

Thank you for your support!